

Parenting is tough!
1-800-CHILDREN can help.
1 - 8 0 0 - 2 4 4 - 5 3 7 3



Free • Private • Statewide • Bilingual
Open Monday through Friday • 8 am to 6 pm

The 1-800-CHILDREN Helpline is For

- Parents and Grandparents
- Relatives or Other Caregivers
- Professionals Working with Families
- Faith Communities
- Victims of Crime
- Survivors of Abuse

The Helpline Includes Resources for:

- Caregiver Support
- Counseling and Support Groups
- Afterschool and Child Programs
- Domestic Violence
- Child Abuse
- Housing and Basic Needs

Ofrecemos información a padres, abuelos, y otras personas que le están ayudando a criar a sus niños.